



# Roundtable on African American Health

Presented by



CLASS OF 1976

OGRE PHI OGRE II

Remember the good old days when we were all “young, gifted and black?” We are still gifted and black and most of us remain young at heart. But the vagaries of aging have cost some of us the pep in our step and glide in our stride. The Health Roundtable is designed to address some of the effects of aging and what we can do to meet them.

Topics addressed in the monthly presentations will include cancer prevention, Covid-19’s impact on our community, the need for physical activity, and tips for cultivating a heart healthy lifestyle. Some of the programs will be offered by health professionals from the Class of ’76 while others will be offered by doctors who are world renowned. Presentations will include a question-and-answer period so come prepared to learn and share.

Join the Class of ’76 for a monthly *Roundtable on African American Health* so that you might strengthen and enhance your knowledge of practices that support a productive and healthy lifestyle.

Monday, February 8 at 7:30 PM EST

*Modifiable Risk Factors for Cancer Development Affecting African Americans*  
with James Benton, MD



James Benton, MD is a board-certified Radiation Oncologist by the American Board of Radiology, and he believes in providing quality, personalized cancer care in a community setting.... and demonstrates that commitment daily in his patient care activities. A Magna Cum Laude graduate of Armstrong State University in Savannah, Georgia with a bachelor's degree in Chemistry and Math, Dr. Benton attended Morehouse School of Medicine. He is a board-certified Radiation Oncologist for more than 22 years. Currently, he is President of Radiotherapy Clinics of Georgia (RCOG), and he practices at RCOG’s main campus in Decatur, GA., specializing in treating a variety of cancers such as prostate , breast, gastrointestinal, lung, skin, and many others. He is one of only five (5) physicians in the US to perform a unique treatment for prostate cancer, called “ProstRcision”. Along with other experts in the field of prostate cancer treatment, Dr. Benton has

authored numerous medical research manuscripts, and his work has been published in many peer-review journals. Dr. Benton is married with three children, and he is an avid reader of history and enjoys sports.